STRIP TWIST BLOCK

You were given a 2 1/2" strip. From your stash select 3 more strips in the same color tone, medium to dark, no lights. They should be at least 19" long. Sew them together, press seams in one direction and cut two 8 1.2" blocks. (Do not have to be exact) With both blocks facing up, side by side, cut diagonally in half, as shown. You will have 4 Triangles. Rearrange the 4 triangles so that the longer strips (in this sample, the solids) meet at the center. Sew them together. You will have a block approximately 11 1/2" sq. DO NOT TRIM OR SQUARE THE BLOCK.