



# Ocean Wave Quilters

www.oceanwavequilters.com

# **August 2015 Newsletter**

## Message from the President - Sharon

As the summer begins to wind down, our club's activities are beginning to ramp up! Our committees for 2015-2016 have been created and chairpersons assigned. The list of committees and members is included in this newsletter. Thank you to all who have volunteered. (And if you still want to sign up, we would love to have your participation! Just contact the appropriate chairperson.) I hope that you will contribute to and participate in our booth at the Paul Bunyan Days craft fair being held on Saturday and Sunday, September 5<sup>th</sup> and 6<sup>th</sup>. If each of our club members contributed one item to this sale, we would have a huge success on our hands. The proceeds from the sale of items will go into our club's treasury to help fund the quilts we make for charity and for our educational classes. The annual Tea is coming up on Sunday, September 27<sup>th</sup>. If you are able, we still need a few people to volunteer to "host" a table. And, of course, we need members to do their usual amazing job of creating delicious sweet and savory goodies for all to enjoy.

If you haven't yet finished your Brown Bag Challenge item (remember, we've dropped the "Ugly" name per a vote at the last meeting), you still have a month and a half. (And if you haven't purchased your brown bag, there are still a few left.) We have included the rules in this newsletter.

Our class with Rami Kim has only a few seats left! If you haven't signed up yet, hurry and get your \$20 check in to Paula, our Treasurer. (And, seriously, \$20? What a steal for an incredible class!)

Finally, per our bylaws, our membership is asked to vote on our proposed 2015-2016 budget, which is also included in this newsletter. An important item in our budget this year is funding our application for non-profit 501(c)3 status. I urge you to vote to accept this budget. If you have any questions about this issue, please contact me, our Treasurer Paula, or any of the members of our Board.

Now for my Public Service Announcement. Sandi Smith was very kind to share with us her tale of dry-eye syndrome and how it affected her vision and her quilting. So, I will share with you my saga with shingles. Let me just say - SHINGLES SUCK! If you have ever had chicken pox, the shingles (herpes zoster) virus is lying dormant in your spine. At some point, it may decide to "wake up", travel along one of your nerve pathways, and erupt into lesions. I woke up Thursday, July 9<sup>th</sup> with what I thought might have been a scrape on my side. By Friday morning, it was obvious that it was shingles. Thankfully, I was able to see a doctor that same day to start antiviral medication (a very important point - start treatment as early as possible). And before you ask - yes, I received the shingles vaccine in 2013! As I have come to find out, studies have shown that overall, giving the vaccine to people age 50 and older reduces the chance of shingles by about half. In people 60-69 years of age, the vaccine prevents 64% of cases. In people over age 80, the drug prevents only 18% of cases. So, I'm one of the unlucky 36% of people aged 60-69. But perhaps more importantly, if you have been vaccinated, your case of shingles will likely be less severe. And I have to tell you, I would not want to have a more severe case than I have! So, my message to all of you is - TALK WITH YOUR DOCTOR ABOUT GETTING THE SHINGLES VACCINE. If I can prevent one case of shingles, it will have been worth it.

## July Meeting Notes - Karen L

Detailed minutes were emailed on 7/13.

- 1. There are still a few spaces for Rami Kim's class in September. Let Sharon L know if you want to participate (cost for members: \$20)
  2. DUES are due! Paula P will gladly take your
- 2. DUES are due! Paula P will gladly take your \$25 dues.
- 3. Watch your next newsletter for information regarding the cost of applying for status as an official non-profit. This is a one-time cost but requires a vote of approval, to be taken in August.
- 4. We are still looking for a representative to go to the Quilt Guilds of the Northern Quarter meeting in Red Bluff on July 25. (ed. Note: Cindi attended—a big Thanks to her).
- 6. The calendar for this next year is on our OWQ website!

#### It's time to Pay Your Dues

Membership renewal will be \$25 per year, due July, 2015. Pleased bring your check or cash to the meeting, or mail to OWQ, PO Box 2687, Fort Bragg CA 95437. New Membership Cards are available once dues are paid.

## Getting Ready for the Paul Bunyan Craft Fair - Dee G

The fair is held at the CV Starr Center North field on Saturday, September  $5^{th}$  from 10am to 5pm and Sunday, September  $6^{th}$  from 10am to 4pm.

Many of us have been working on things to sell at the Paul Bunyan Craft Fair and plan on making more items this month. Perhaps on Sew Sunday, August 23rd, whoever plans on attending can work on more projects. We hope all will contribute some items to make this a successful endeavor.

Please hold your items until the Tuesday before the Craft Fair, September 1st. I will be at the Senior Center from 1:00 to 3:30/4:00 pm to collect everything and to PRICE EACH ARTICLE. We also have boxes of fabric donations that need to be sorted, measured and priced. I could use large plastic tubs to make transportation of articles easier, I have 2 or 3. If you have any questions, call or e-mail me. Many hands will make this an easier job. Thanks!

#### We need neckties!! - Dee G

Becky Bright has learned a technique to turn a necktie into a fabulous case for eyeglasses or rotary cutters or..... These will be perfect to sell at our booth for the Paul Bunyan Days craft fair. But she needs more ties! The best ones are not real thin and not real wide. (And if you want to learn how to make these, Becky will teach you) Please bring any neckties you are willing to contribute to the picnic this coming Sunday or to hand quilting on Tuesday, August 11th between 1:30 and 3:00 p.m. at the Senior Center.

## Ocean Wave Quilters - Committee Membership 2015-2016

Hospitality/Fellowship-Responsibilities: Set up the welcome table, make sure there are supplies (plates, cups, etc.); Make welcome packets for new members, maintain membership documents; Send "sunshine" cards; Monthly raffle (get prizes, make sure there are tickets, run the raffle, etc.)

Chair: Lonna O Members: Dee G, Nancy Y, Sharon L, Jeanne K

Service-Responsibilities: Make sure there is an appropriate supply of: Warm welcome quilts (including supply of batting, labels, etc.); Texture/Touch quilts (keep packets of materials); Quilts for chaplains; Special quilts (e.g. member, memorial, requests); Other projects (chemo scarves, goody bags, pet beds)

Chair: Sandi S Members: Grace V, Marcia W, Karen L, Jan K, Judy W, Connie M, Jean H, Sharon L,

Special Events - Responsibilities: Annual Tea; (Brown Bag fabrics, food, etc.); Christmas plans; Art in the Gardens; Paul Bunyan Craft Fair; Grange events/retreats; Book sale; UFO sale; etc.

Chair: Dee G Members: Karen L, Jan K, Norma C, Lonna O, Sharon B, Mary F, Miriam C, Learning/ Education-Responsibilities: Monthly blockettes; Classes - both from within the membership and from outside; Advertise opportunities to show our quilts (e.g. Santa Rosa, Pacific International) Chair: Sharon L Members: Sandi S, Paula P, Dee G

Quilt Show-Responsibilities: Details of the show; Opportunity quilts; Sew 'n Sew challenge; OWQ booth and raffle baskets
Chair: Judy W Co-Sous-Chairs: Dee G, Sharon
L Members: Shirlee P, Stella R, Paula P, Becky B,

Cindi J, Mary

# From the Service Committee Chair - Sandi S

If you made a baby quilt or a texture quilt or goody bags or dog beds or chemo scarves or any other items we all make for the community, please bring them to the August meeting and I will see that they get to the proper place. If you cannot make the meeting and have items, you can leave them (note attached with your name and date, please) in the closet off our meeting room at the Senior Center. If you need batting or other materials for such projects, let me know.

#### \*\*\*\*Personals /Comments\*\*\*\*\*

From Christie D - Irene P has been very ill, she has an infection in her kidneys and has been in the hospital. She should be back home this weekend. (ed. We all wish her well and hope she gets better soon).

From Martha E - For Sale: A large, purple
Tutto bag. It is a wheeled bag; the exterior
measures 22" long, 15"high and 12" deep. It has
many pockets so it is a rolling case for a sewing
machine and also lots of supplies. Check out
www.tuttocases.com/machineonwheels.html I am
selling this because my new
Bernina is too big for this bag.
Asking price is \$100.00.
Contact me.

## August Treasurer's Report For 7/1/15 - 7/31/15

Starting Balance 7/1/15: \$3,397.56

/TD: \$219.47
\$92.00
\$127.47
\$219.47

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Income:	YTD: \$1,339.00
Dues	\$775.00
Raffle	\$24.00
Gifts	\$400.00
Rami Kim class	\$140.00
Total Income:	\$1,339.00

Total/Ending Balance 7/31/15: \$4,511.09

#### Please note...

Our club year runs from 7/1/15 to 6/30/16; YTD does not reflect income or expenses prior to this club year.

Our budget is based on our income which is mainly our dues; if you have not paid yours, please do so at your earliest convenience. Thanks.

# Report from the Quilt Guilds of the North Quarter Meeting - Cindi Jo

The meeting and lunch were held in Red Bluff on Saturday, July 25, 2015.

There were approximately 40 ladies there and around 9 clubs represented with as many as 5 members from each club. Four clubs had their opportunity quilts hanging to see and to sell tickets. The QGNQ president, Arlene Arnold welcomed us and encouraged us to announce our activities and to be sure and submit our information for their newsletters. The next QGNQ meeting will be hosted by the Scott Valley Quilters in Etna on October 31, 2015. She said to dress accordingly, and there will be a speaker, demos, and a potluck lunch. She then suggested that for the July 30, 2016 meeting that the Ocean Wave Quilters consider having them visit us here on the nice, cool coast.

We would provide the location (could be at a

restaurant), a speaker, and a small gift for each attendee. At this meeting we paid \$10 a piece for salads and cookies (Delish!) and we each received a small beaded stylus for our cell phones. Most seemed happy at the thought of spending a day away from the heat next year. I announced/reminded them about the OWQ Tea and Rami Kim class, which had been in their newsletter. They had a North State Quilt Jamboree the previous weekend in Red Bluff that I wish I could have attended. It seemed like it would have been a lot of fun.

Trisha Tooker then did a short program about using denim for all kinds of projects. She got started by using a friend's collection of jeans to make cute Christmas stockings for the family. She's used scraps, pieces, and pockets for ipad cases, dining chair covers, flowers, purses, etc., and all were well made and built to last. She also talked about and showed us a (non-denim) Christmas guilt that was ruined from the red fabric bleeding, but she fixed it by using Synthrapol to remove the excess dye. Scarlet Rose of Redding announced that their local television station KIXE had posted 4 of their guilt shows on YouTube. I haven't watched them yet, but I'm sure they're delightful! It was fun to meet these ladies and inspiring to hear all of the activities. Thanks for letting me go as a representative!

#### Annual OWQ Tea-Lonna

The annual tea will be held on Sunday, September 27th from 1 to 4 pm in the Senior Center dining room; set up will be on Saturday at 2pm.

We will be judging the "Brown Bag" challenge quilt entries and then doing a raffle. Then we have Rami Kim presenting her amazing work in our regular meeting room.

Admission will be free to members and \$10 for non-members. If you would like to invite a friend or two, you can put their name on the entry list and their charge will only be \$5; the hosting member will need to pay for them before the

tea starts so we are not colleting different fees at the door.

And, as always, every member is asked to contribute a dish for the tea table. I will pass around a food sign up list on Sunday that asks that you just indicate a food category so we can get an idea of what we would be getting. The 3 categories are:

Scones, Muffins and Quiche;

Tea Sandwiches, Cheeses, Dips, Vegies; Cookies, Candies, Cakes, Pies, Tarts, Fruit, Nuts Help is needed for the Check-In Table, Greeting/Seating, and the Raffle table. All this will be set up in the hall at the door. There will be a place to sign up for this as well.

If you would like to hostess a table at the tea, please email Lonna at earlon@aol.com or phone at 962-0176. You can fit 7 comfortably around one or we can put two round tables together and fit 10. We need 12 tables set up and 7 accounted for so we need 5 more hostesses.

Hostesses will provide: A centerpiece-colorful flowers in a teapot, creamer, sugar bowl or vase, round table cloth or fabric to cover a 60" in diameter table, quilted runner or doily if desired, teapot for hot water, creamer, sugar bowl, saucer for lemons and tongs or spoon for the sugar. 7 tea cups and saucers or mugs, 7 luncheon plates, 7 napkins, 7 dessert forks and 7 teaspoons. Do call or email me if you have any questions about this event.

## From Sew 'n Sew - Nancy

#### Trunk Shows:

We are very fortunate to have 2 more trunk shows of Quilts made with Kaufman Kona Cotton. Dates: Sept 7 to 18, Nov 9 to 20

#### Rag Rug:

Use up those strips of fabric and make a gorgeous rug. Teacher: Lynn Date: Fri Aug 21

#### Mystery Party:

Time to share the outcome of this year's mystery quilt. It is always fun to see just how different one quilt pattern can look. Date: Sat Aug 1 Time: 3 to 4pm

#### Upcycled Clothing:

April Sproule is returning to teach us how to upcycle garments. You will learn how to stencil, embroider and other details to make that plain garment something special.

Teacher: April Date: Aug 22 & 23 Time: 9:30 to 4pm

#### Row by Row Experience:

For more info about this summer event go to: <a href="http://www.rowbyrowexperience.com/">http://www.rowbyrowexperience.com/</a>

Travel and collect rows: June 21 - Sept. 8, 2015

Bring in completed quilt for prize: June 21 - Oct. 31, 2015

# Proposed Budget for 2015-2016

	2014-2015 Actual		2015-2016 I	Proposed
	Expenses	Income	Expenses	Income
Annual Tea	\$111.85	\$403.00	\$50.00	\$200.00
Bank Expenses	\$20.00		\$120.00	
Batting and Fabric	\$124.95		\$250.00	
Blockettes			\$100.00	
Brown Bag Challenge		\$50.00	\$50.00	\$50.00
Christmas Party	\$25.00		\$25.00	
Classes, lectures, retreats	\$1,070.00	\$220.00	\$3,000.00	\$400.00
Donations - Gifts, Hand				
Quilting		\$218.00		\$500.00
Dues /Dues OWQ	\$15.00	\$1,245.00		\$1,250.00
Food Table Supplies	\$13.47		\$100.00	
News letter	\$168.97		\$175.00	
Opportunity Quilt			\$200.00	\$200.00
P.O. Box	\$92.00		\$92.00	
Quilt Show and Shows		\$160.00		\$3,500.00
Raffles		\$281.75	\$100.00	\$250.00
Senior Center	\$700.00		\$700.00	
Supplies	\$366.62		\$400.00	
UFO/Fabric Auctions		\$211.00		
Website	\$107.76		\$108.00	
Miscellaneous				
Other Income		\$344.50		
Other Expense				
Incorporation/501(c)(3) one				
time expense			\$1,250.00	
Annual CA Corp. filing fee			\$55.00	
Presidents Petty Cash			\$100.00	
	\$2,815.62	\$3,133.25	\$6,875.00	\$6,350.00
Balance carried forward -6/15		\$ 3,397.56		. ,

#### DATES TO REMEMBER

August 4 Board Meeting at Senior Center

9 General Meeting, Picnic at Lonna's 1:00 pm

23 Sew Sunday

September 1 Board Meeting at Senior Center

5-6 Booth at Paul Bunyan Days Craft Fair

13 General Meeting at 1:30 pm

27 Annual Tea, Speaker Rami Kim at 1:00 pm

28 Class with Rami Kim at the Grange: 8:30

October 6 Board Meeting at Senior Center

11 General Meeting at 1:30 pm 21-25 Retreat at the Grange

# August

# Birthdays

4 Jan K

16 Nancy L

26 Connie

28 Alice

31 Susan B

## OWQ Officers/Board

President: Sharon L Vice-President: Marcia Secretary: Dee/Karen L

Treasurer: Paula P Communication: Lonna



Ocean Wave Quilters PO Box 2687 Fort Bragg, CA 95437

# Checklist for the Meeting (all are optional)

:: Baby/Texture Quilts, Goody Bags

:: Items for the OWQ Booth at the Craft Show

:: Flower for Nit's Quilt

:: Show and Tell Projects

:: Potluck Item

:: Dues (\$25)