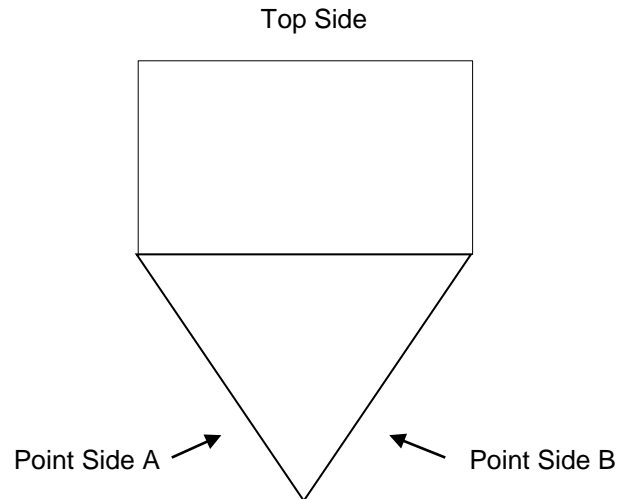


Chemo scarves

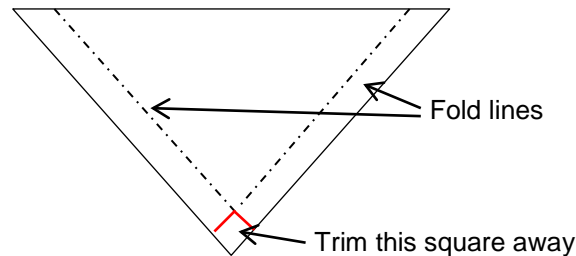
Materials needed:

5/8 yard of 44" wide fabric will make 2 scarves (be sure to fold so the folded edge is as long as possible)
Each scarf will need 1 piece of batting 19" x 3½"
Each scarf will need 1 piece of ¼" elastic 7" long

1. Turn Point Sides A and B under ¾" and press.



2. Unfold the sides and trim the point to have less bulk.



3. Re-fold the Point Side A and B edges, and then fold half-way again so the folded edge measures 3/8". Stitch along the edge to secure. (Beware! You are working on the bias and the fabric will want to stretch!)
4. Turn the point up 2". Stitch at the 1" mark.
5. Turn the top edge under ¼" (Note: we found 3/8" worked better for the batting thickness we were using) and press.
6. Lay the batting on the scarf under the turned top edge, centering it from both sides, and stitch along the raw edge of the fabric to hold the batting to the fabric.
7. Fold so the batting is no longer visible. Stitch along the bottom edge. Then, stitch twice more across the batting as shown on the pattern.
8. Turn sides under 3/8" and press. Turn under 3/8" again and press. Open this second 3/8" up.
9. Tack one edge of the elastic to the top where the 3/8" fold is. Fold over the other 3/8" and stitch, without stitching the elastic.
10. Run the elastic through the channel at the point, then up to the top of the other side, and tack again.
11. Stitch the 3/8" fold on the second side to hold in the elastic.